

SERENDIPITY PRE-KINDERGARTEN SNACK & DRINK SCHEDULE

MONTH: NOVEMBER
 CLASS: LEMURS

The Serendipity snack program is explained in the Parent Handbook.

Please note: Snacks are to be packaged, cut and ready to serve.

The following food items are strictly NOT ALLOWED:

Allergy awareness: all nuts (incl. peanut butter, peanut oil, coconut) and eggs.

Birthdays are "party" snack days. Cupcakes are great. No pop, please!




If you have any questions, please speak to your teacher
 or email serendipitykotoks@gmail.com

Tips:

- If you bring a snack that needs cutlery, please note that you will need to provide them.
- In your snack quantity please do not forget to include the teacher and assistants.
- Drinks are also required; juice (fruit exchange), water or milk (dairy exchange)

Examples: (Please refer to Canada's Food Guide)

- Milk products (yogurt, pudding, cheese, etc..)
- Grain products (muffins, bread, bagels, crackers, etc...)
- Vegetables (carrots, cucumbers, celery, etc...)
- Fruit (bananas, apples, pears, juice, etc...)
- Meat (Turkey Links, cheese)

Monday	Wednesday	Friday
1	3	5
Holden	Daxton	Dawson
8	10	12
Duncan	Hannah	Audrina 
15	17	19
Charlie 	Hudson 	Anthony
22	24	26
Carrie	Ethan	Logan
29		
Easton		