

SERENDIPITY PRE-KINDERGARTEN SNACK & DRINK SCHEDULE

MONTH: NOVEMBER

CLASS: Bluebirds

The Serendipity snack program is explained in the Parent Handbook.

Please note: Snacks are to be packaged, cut and ready to serve.

The following food items are strictly NOT ALLOWED:

Allergy Alert: all nuts (incl. peanut butter, peanut oil, coconut) and eggs.

NO GRAPEFRUIT OR POMEGRANITE please

Birthdays are "party" snack days. Cupcakes are great. No pop, please!


If you have any questions, please speak to your teacher
or email serendipityokotoks@gmail.com

Tips:

- If you bring a snack that needs cutlery, please note that you will need to provide them.
- In your snack quantity please do not forget to include the teacher and assistants.
- Drinks are also required; juice (fruit exchange), water or milk (dairy exchange)

Examples: (Please refer to Canada's Food Guide)

- Milk products (yogurt, pudding, cheese, etc..)
- Grain products (muffins, bread, bagels, crackers, etc...)
- Vegetables (carrots, cucumbers, celery, etc...)
- Fruit (bananas, apples, pears, juice, etc...)
- Meat (Turkey bites, cheese)

TUESDAY	THURSDAY
2 Lincoln	4 Bennett
9 Charlie	11 No School 
16 Remi	18 Lukah
23 Elliott/Phoebe	25 Sully
30 Lincoln	